

《运动损伤康复》教学进度

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周次	课次	教学内容	学时数
1	1	Intrudction and Overview Of Sports Injuries	2
1	2	Assessments of foot injuries	2
2	3	Treatments of foot injuries	2
2	4	Assessments of ankle injuries	2
3	5	Treatments of ankle injuries	2
3	6	Assessments of knee injuries	2
4	7	Treatments of knee injuries	2
4	8	Assessments of shoulder injuries	2
5	9	Treatments of shoulder injuries	2
5	10	Assessments of elbow injuries	2
6	11	Treatments of elbow injuries	2
6	12	Assessments of wrist joint injuries	2
7	13	Treatmens of wrist injuries	2
7	14	Case study	3
8	15	Summarize and Review	3